

21st WCIRD

EARN
26.75
CME
ABIM-MOC
CREDITS

World Congress Insulin Resistance
DIABETES & CARDIOVASCULAR DISEASE

December 7–9, 2023
Hilton Universal City Hotel
Los Angeles, CA



Administered by Metabolic Institute of America

Exploring New Frontiers In Metabolism – Tomorrow's Clinical Science Today

JOINTLY PROVIDED



ADMINISTERED BY:



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#WCIRD2023





Welcome.

It is my pleasure to welcome you to the 21st Annual World Congress on Insulin Resistance, Diabetes and Cardiovascular Disease (WCIRDC): Exploring New Frontiers in Metabolism—Tomorrow's Clinical Science Today.

The 21st Annual WCIRDC will be held on December 7–9, 2023, at the Hilton Universal City, Los Angeles. This CME/MOC conference will be available On-Demand for 90 days following the meeting.

Since its inception, the congress has become the premier global meeting dedicated to metabolism- obesity, diabetes, lipids, HTN, CKD, CVD, HF, and NAFLD. This is the only conference of its size that incorporates clinical, translational and basic science. It offers an exclusive platform allowing professionals, clinicians and researchers to exchange ideas and collaborate on emerging scientific and management concepts.

The WCIRDC faculty consists of globally acclaimed experts who link research to clinical practice in a bench-to bedside-to-bench approach which is unique to this state-of-the-art program.

We are proud to honor Professor Paul Zimmet, MD, PhD with the prestigious "Gerald Reaven Distinguished Leader in Insulin Resistance Award", recognizing his exceptional contributions to the field. Dr Zimmet's keynote lecture: Insulin Resistance and its outcomes in T2DM: A Historical and Epidemiological Perspective.

This year's conference will cover a wide range of topics including Lipidology, Cardiomyopathy & Heart Failure, Contemporary Management Of Obesity And Diabetes, The Multiple Faces Of Insulin Resistance, Women's Health State Of The Art Approach To Kidney, and Heart Disease, a joint session with the journal Metabolism; and much more encompassing the multifaceted realm of metabolic medicine. Distinguished experts are poised to unveil groundbreaking perspectives fostering an environment conducive to collaborative learning and professional growth.

Clinical workshops & meet-the-expert small groups sessions will provide attendees with a rare opportunity to personally interact with esteemed leaders in an intimate setting.

The Congress has a strong and highly successful abstracts program. Abstracts will be published in Metabolism Clinical and Experimental- IF 13.93 EIC Christos S. Mantzoros, MD, PhD, DSc.

The 21st WCIRDC will feature a robust Poster Hall, Oral Abstract Presentations, an attractive Exhibit Hall, and Industry Supported non-CME programs featuring important new scientific concepts with some of the world's best-known educators.

I look forward to you attending this exciting conference on December 7–9, 2023, at Hilton Universal City Los Angeles, California. We hope to see you there.

Best regards,



Best regards,

[Signature]
Yehuda Handelsman, MD
Chair & Program Director

Scientific Organizing Committee - International Committee for Insulin Resistance - ICIR

Yehuda Handelsman, MD Chair
Tarzana, CA

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La Jolla, CA

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Baltimore, MD

Jorge Plutzky, MD
Boston, MA

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Orlando, FL

Arun J. Sanyal, MD
Richmond, VA

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Dallas, TX

Alan R. Sinaiko, MD
Minneapolis, MN

Bart Staels, PhD
Lille, FR

Pam R. Taub, MD
San Diego, CA

Muthiah Vaduganathan, MD, MPH
Boston, MA

Matthew R. Weir, MD
Baltimore, MD

Paul Zimmet, MD, PhD
Melbourne, AUS



PROGRAM DESCRIPTION

The World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease (WCIRDC), now in its 21st year, stands as a distinctive and vibrant multidisciplinary CME conference. Serving as the paramount global assembly dedicated to diabetes, obesity, lipids, cardiovascular-kidney, and liver diseases.

The Congress intricately weaves together basic research and clinical practice in pursuit of our guiding theme: Exploring New Frontiers in Metabolism — Tomorrow's Clinical Science Today.

Participants are able to earn up to 26.75 CME & ABIM-MOC credits.

The WCIRDC program features a unique convergence of basic and clinical science. For over two decades, it has convened physicians, clinicians, researchers, and other healthcare professionals into an international arena, crafting an exclusive program that seamlessly bridges the latest advancements from

bench-to-bedside-to-bench. Often resonating with the words, "I heard it first at the WCIRDC," the program provides an unparalleled opportunity for attendees to directly engage with distinguished global faculty, within an intimate setting, propelling explorations into the most current understanding of metabolic diseases and the unfolding emerging therapeutic approaches.

Since the seminal work of Dr. Gerald Reaven, crystallizing the interplay of insulin resistance, diabetes, obesity, and cardiovascular disease, the congress's scope has expanded. It now encompasses domains such as the kidney, liver, brain, bone, cancer, and beyond. The congress agenda includes dyslipidemia, atherosclerosis, hypertension, hypercoagulation, and inflammation. It also underscores the intricate interplay between Diabetes-Cardio-Renal and Metabolic Diseases. The program will cover updates on pharmaceutical interventions, including incretins- GLP1 ra and dual agonists, SGLT2i & SGLT2/1i, PCSK9 i, MRA, bempedoic acid and IPE, will be illuminated. The aim is to foster an in-depth

understanding of state-of-the-art pathophysiology, novel medical interventions, and the development of comprehensive clinical management strategies.

To bridge the gap between research and clinical practice, live Q&A and panel discussions will follow each session, exploring their implications in clinical scenarios. Enhanced interaction with faculty and fellow attendees will be facilitated through extended breaks and social events.

The Congress garners cutting-edge abstracts from both emerging researchers and renowned leaders across the globe. The best abstracts will be presented orally. There will be a key note presentation by professor Paul Zimmet, the recipient of the Gerald Reaven Distinguished Leader Award. Clinical workshops and meet the experts sessions allow for small groups learning and intimate face to face interaction with some of the best known leaders.

PROGRAM OBJECTIVES

The program is designed to evaluate both clinical and basic science aspects of diabetes, obesity, CVD and CKD, focusing on insulin resistance, incretins, the gut, the brain, the kidney and the heart. The goal is to understand pathophysiology and to develop appropriate comprehensive clinical management plans.

Upon completion of this meeting, participants should be able to:

- Discuss the effects of insulin resistance on the heart, kidney, and liver
- Describe the relationship between diabetes, obesity, kidney disease, and heart disease
- Implement best practices for the prevention and management of CKD, HF, and CVD
- Describe the recommended uses of SGLT2 inhibitors for the treatment of HF
- Describe the contemporary role of SGLT2 inhibitors in CKD with and without diabetes as consistent with approved indications
- Describe the benefits of GLP1-RAs in patients with ASCVD or at risk of ASCVD events
- Evaluate the evidence supporting the use of new and emerging therapies to reduce cardiovascular mortality in patients with cardiometabolic disease
- Explain the roles of diabetes and insulin resistance in the development of CKD, HF, and CVD
- Evaluate the impact on clinical practice of new CVOTs in patients with diabetes and other cardiometabolic diseases
- Design therapeutic regimens for patients with multiple cardiorenal and metabolic disorders that capitalize on agents with broad effects across the spectrum of these comorbidities
- Utilize technology to enhance the effectiveness of therapeutics

TARGET AUDIENCE

This educational initiative is designed for endocrinologists, cardiologists, nephrologists, family physicians, internists, diabetologists, gastroenterologists, pediatricians, OB/GYNs, researchers, nurse practitioners, physician assistants, dietitians, diabetes educators, and other healthcare professionals interested in the pathophysiology, prevention, and treatment of diabetes, obesity, CVD, CKD, HF, and associated conditions, as well as the effect of these conditions on health and society.

6:45 am	Pre-Registration		
7:00 am – 8:00 am	EXHIBIT HALL OPENS Coffee will be served		
7:00 am – 7:45 am	Breakfast Session BMF-219: An Oral Menin Inhibitor in Clinical Development as a Short-term Therapy to Address the Root Cause of Diabetes, Beta-cell Dysfunction Supported by Biomea Fusion	Non-CME Education	Product Theater Hall
	Priyanka Somanath, PhD 	Thomas Butler, MS, MBA 	Rohit N. Kulkarni, MD, PhD 
			Juan Frias, MD 
8:00 am – 8:15 am	Welcome & Introduction Pre-CME Questions		Yehuda Handelsman, MD
Session 1	Endothelium and Cardiometabolic Disorders		
8:15 am – 9:30 am	Chairs: Vivian A. Fonseca, MD • Derek LeRoith, MD, PhD		
8:15 am	The Effects of RYGB on Cholesterol and Bile Acid Metabolism in Humans		Bart Staels, PhD
8:35 am	Endothelial-Mesenchymal Transition in Cardiovascular Disease (EndMT)		Jorge Plutzky, MD
8:55 am	The Role of SGLT _x in ACS, A. Fib & Metabolism- A Translational Approach		Robert J. Chilton, DO
9:15 am – 9:30 am	Panel Discussion and Q&A		
Session 2	ASCVD Epidemiology, Pathophysiology & Management		
9:30 am – 10:45 am	Chairs: Ronald M. Krauss, MD • Robert J. Chilton, MD		
9:30 am	Importance of Cardiovascular Risk Assessment and Multiple Risk Factor Control in Diabetes		Nathan D. Wong, PhD
9:50 am	Common Molecular Mechanisms Drive Cardiometabolic and Vascular Diseases Outcomes- Clinical Implications		W. Timothy Garvey, MD
10:10 am	The Relationships Between HDL Dysfunction, Genetic Very Small LDL, CAC and Insulin Resistance		Arthur S. Agatston, MD
10:30 am – 10:45 am	Panel Discussion and Q&A		
10:45 am – 11:15 am	REFRESHMENT BREAK at the Exhibit Hall		
Session 3	Lipidology Toward 2024 - Panel Session		
11:15 am – 12:10 pm	Chairs: Erin D. Michos, MD, MHS • Chris K. Guerin, MD		
11:15 am	The Role of the Mitochondrial/ER Axis in Cholesterol Metabolism and Statin Myopathy		Ronald M. Krauss, MD
	Lp(a), CETP / BA-CLEAR / Very High HDL		Seth S. Martin, MD, MHS
	Discussions and Q&A		Arthur S. Agatston, MD
12:10 pm			
Session 4	Concurrent Sessions: Meet the Experts		
12:15 pm – 1:00 pm	Ralph A. DeFronzo, MD Vivian A. Fonseca, MD Jennifer B. Green, MD Yehuda Handelsman, MD	Insulin Resistance – Intensive Management of DM DCRM Risk Prediction CKD Emerging Strategies Technology in DM and CRM	Mandarin AB Sierra CD (Lecture Hall) Club Salon 6AB
1:00 pm – 2:00 pm	LUNCH BREAK		
1:10 pm – 1:55 pm	Lunch Session Jardiance® (empagliflozin) tablets: A Peer Review of the Latest Clinical Data and Dosing Recommendations Supported by Boehringer Ingelheim–Lilly	Non-CME	Product Theater Hall Christian Mende, MD 

THURSDAY, DECEMBER 7 (Cont.)

Session 5

Metabolic Science

2:00 pm – 2:50 pm

Chairs: Richard N. Bergman, PhD • Phillip E. Scherer, PhD

2:00 pm

Genome- Proteome- Phenome & Mendelian Randomization Studies, Elucidating Novel Pathways and Treatments- Clinical Implication in Cardiometabolic Disorders

Christos S. Mantzoros, MD, PhD

2:20 pm

The Role of mRNA Modifications in the Regulation of Metabolism

Rohit N. Kulkarni, MD, PhD

2:40 pm – 2:50 pm

Panel Discussion and Q&A

Session 6

The Future of HTN

2:50 pm – 3:40 pm

Chairs: Pam R. Taub, MD • Chris W. Mende, MD

2:50 pm

Refractory HTN and New Drugs & Procedures in the Future

Norman E. Lepor, MD

3:10 pm

Need for New Agents to Overcome Healthcare Disparity in Hypertension

Keith C. Ferdinand, MD

3:30 pm – 3:40 pm

Panel Discussion and Q&A

Session 7

DCRM 2.0 – Update and Global Transformation

3:40 pm – 4:10 pm

Chairs: Richard E. Pratley, MD • Matthew R. Weir, MD

3:40 pm

DCRM 2.0 - Diabetes CardioRenal & Metabolic Diseases- Update & Global

Yehuda Handelsman, MD

3:55 pm – 4:10 pm

Panel Discussion and Q&A

4:10 pm – 4:40 pm

REFRESHMENT BREAK at the Exhibit Hall

Session 8

Insulin Resistance, Diabetes, and Beyond

5:00 pm – 6:35 pm

Chairs: Jennifer B. Green, MD • Jorge Plutzky, MD

4:40 pm

Brain HDL and Alzheimer's Disease: Toward Therapeutic Applications

Hussein Yassine, MD

5:00 pm

Pulmonary Disease in Diabetes- Another Final Frontier?

Peter J. Grant, MD

5:20 pm

Contemporary Nomenclature of Fatty Liver Disease Impact on Diagnosis and Management

Rohit Loomba, MD, MHS

5:40 pm

Vascular Aging in CKD

Matthew R. Weir, MD

6:00pm

Management of Diabetes in Patients with Cancer Addressing Impact of Cancer Therapy

Emily J. Gallagher, MD, PhD

Overcoming Treatment Challenges: Management of Patients with Diabetes and Cancer

6:20 pm – 6:35 pm

Panel Discussion and Q&A

6:35pm – 7:30 pm WELCOME & POSTER RECEPTION AT EXHIBIT HALL *Cocktails and hors d'oeuvres will be served*

7:30 pm – 9:15 pm

Dinner CME Symposium

Supported by AstraZeneca

Winning The Trifecta of Diabetes, Heart and Kidney Diseases

Chairs: Yehuda Handelsman, MD • Muthiah Vaduganathan, MD, MPH

7:30 pm Introduction & Pre-CME Questions

7:40 pm Early Intervention in Diabetes Addressing Pathophysiology in Preventing Comorbidities

Muthiah Vaduganathan, MD, MPH

8:00 pm SGLT2i Effects Across The Spectrum of CKD And Multiple Populations

Vivian A. Fonseca, MD

8:20 pm Impact of SGLT2i on HF Outcomes in Various Populations & The Range of LVEF

Peter Rossing, MD

8:40 pm **Panel Discussion and Q&A:** Changing the Trajectory of Heart Failure and CKD,

Muthiah Vaduganathan, MD, MPH

Implementing Guidelines Directed Medical Therapy

Panel: Vivian A. Fonseca, MD • Christian W. Mende, MD • Erin D. Michos, MD, MHS

Peter Rossing, MD • Muthiah Vaduganathan, MD, MPH

Moderator: Yehuda Handelsman, MD

9:10 pm Concluding Remarks & Post-CME Questions

9:15 pm Adjourn



FRIDAY, DECEMBER 8

7:00 am	Registration		
7:00 am – 8:00 am	EXHIBIT HALL OPENS		
7:00 am – 7:45 am	Breakfast Session The Dual Dilemma: Navigating Cardiorenal Risk in CKD Associated with T2D Supported by Bayer	Non-CME	Product Theater Hall Dharmesh S. Patel, MD, MBBS 
8:00 am – 8:15 am	Summary of Day 1 and Pre-CME Questions		Zachary T. Bloomgarden, MD
Session 9	Women's Health		
8:15 am – 9:05 am	Chairs: Ania M. Jastreboff, MD • Pam R. Taub, MD		
8:15 am	Infertility, Assisted Reproductive Technology, and Cardiovascular Risk		Erin D. Michos, MD, MHS
8:35 am	Sex Differences in Cardiovascular Risk Associated with Pre, Newly Diagnosed, and Undiagnosed- Diabetes		Vivian A. Fonseca, MD
8:55 am – 9:05 am	Panel Discussion and Q&A		
Session 10	The Multiple Faces of Insulin Resistance		
9:05 am – 10:20 am	Chairs: Ralph A. DeFronzo, MD • Peter J. Grant, MD		
9:05 am	Insulin Resistance in T2DM: Whole Body, Organ, Cellular, and Molecular Pathogenesis		Ralph A. DeFronzo, MD
9:25 am	Insulin Resistance and Myocardial Energy Metabolism: Implications for Therapy		E. Dale Abel, MD, PhD
9:45 am	Which Comes First: Insulin Resistance or Obesity?		Samuel Klein, MD
10:05 am – 10:20 am	Panel Discussion and Q&A		
10:20 am – 10:50 am	REFRESHMENT BREAK at the Exhibit Hall		
Session 11	Progress in Pediatric Obesity and T2D: New and Advanced Treatments		
10:50 am – 12:05 pm	Chairs: Sonia Caprio, MD • Alan R. Sinaiko, MD		
10:50 am	GLP-1 RA for the Treatment of Youth Onset Obesity and T2D: From Fantasy to Reality		Silva Arslanian, MD
11:10 am	Achieving Metabolic Homeostasis in Youth with Obesity, Prediabetes/T2D and NAFLD, using Semaglutide 2, 4 mg.		Sonia Caprio, MD
11:30 am	Novel Treatments on the Horizon for Youth with Obesity, Fatty Liver & T2D		Rohit Kohli, MBBS, MS
11:50 am – 12:05 pm	Panel Discussion and Q&A		
12:05 pm – 1:05 pm	LUNCH BREAK		
12:15 pm – 1:00 pm	Lunch Session Mounjaro® (tirzepatide) Supported by Lilly	Non-CME	Product Theater Hall Steven Edelman, MD 
Session 12	Joint Session with Metabolism		
1:00 pm – 2:20 pm	Chairs: Christos S. Mantzoros, MD, PhD • Tracey L. McLaughlin, MD, MS		
1:00 pm	Introduction and Updates on The Metabolism Journal		Christos S. Mantzoros, MD, PhD
1:05 pm	Vascular Mineralocorticoid Receptors, Vascular Insulin Sensitivity in Cardiometabolic Disorders: From Physiology to Clinical Relevance		Michael A. Hill, PhD
1:25 pm	Metabolic Surgery Important Role in the Comprehensive Management of Metabolic Diseases		Geltrude Mingrone, MD, PhD
1:45 pm	Cardiorenal Protection with SGLT2 Inhibitors: From Physiology to Clinical Outcomes to the Future in Heart Failure and Diabetic Kidney Disease		David Cherney, MDCM, PhD
2:05 pm – 2:20 pm	Panel Discussion and Q&A		



FRIDAY, DECEMBER 8 (Cont.)

Session 13 A Glimpse into The Future - What's in the Pipeline?

2:20 pm – 3:20 pm Chairs: Ralph A. DeFronzo, MD • Christos S. Mantzoros, MD, PhD

2:20 pm Regeneron
2:35 pm Esperion
2:50 pm Corcept
3:05 pm – 3:20 pm Panel Discussion and Q&A

Boaz Hirshberg, MD
Stephen L. Pinkosky, PhD
Joseph K. Belanoff, MD

3:20 pm – 4:35 pm **REFRESHMENT BREAK** at the Exhibit Hall

3:40 pm – 4:25 pm

Reception Session

Non-CME Education

Product Theater Hall

The Evolving Cardiovascular-Renal-Metabolic Paradigm: How Can Healthcare Systems Better Match Science?
Supported by **Boehringer Ingelheim**

*Refreshments will be served

Pamela Kushner, MD



David Cherney, MD



Yehuda Handelsman, MD



Session 14 Contemporary Management of Diabetes

4:35 pm – 6:15 pm Chairs: George Grunberger, MD • Paul S. Jellinger, MD

4:35 pm Molecular Mechanisms by Which Glucagon Regulates Hepatic Mitochondrial Oxidation and Gluconeogenesis – Implications for Dual and Triple GLP-1 Analogs
4:55 pm Incretins in Diabetes- The New, the Newest and the Future
5:15 pm CGM in People Without Diabetes
5:35 pm Overcoming Clinical Inertia: The COORDINATE- Diabetes Example
5:55 pm – 6:15 pm Panel Discussion and Q&A

Gerald I. Shulman, MD, PhD
Richard E. Pratley, MD
Tracey L. McLaughlin, MD, MS
Jennifer B. Green, MD

6:15 pm – 7:30 pm

Dinner CME Symposium

Supported by **Lexicon Pharmaceuticals**

Breaking New Ground in Heart Failure Treatment

Chairs: Matthew J. Budoff, MD • Yehuda Handelsman, MD

6:15 pm Introduction & Pre CME Questions
6:25 pm Prevalence, Pathophysiology and Morbidities of Heart Failure
6:40 pm Contemporary Approach to Management of Heart Failure
6:55 pm Sotagliflozin: The Next Generation of Heart Failure Management
7:10 pm **Panel Discussion, Q&A, and Post-CME:** Advancing the Care of Heart Failure- Relationship to CKD
Panel: Matthew J. Budoff, MD • Stephen J. Greene, MD • Darren McGuire, MD, MHSc • Matthew R. Weir, MD
Moderator: Yehuda Handelsman, MD
7:25 pm Post-CME Questions & Concluding Remarks
7:30 pm Adjourn

Yehuda Handelsman, MD
Matthew J. Budoff, MD
Stephen J. Greene, MD
Darren McGuire, MD, MHSc



7:30pm - 9:00 pm

Abstract Oral Presentation

Cheese and Wine

Chair: Zachary T., Bloomgarden, MD

Abstract Committee: Ralph A. DeFronzo, MD • Vivian A. Fonseca, MD • George Grunberger, MD
Derek LeRoith, MD • Christian W. Mende, MD • Richard E. Pratley, MD • Matthew R. Weir, MD



Abstracts are published in **Metabolism** - Editor-in-Chief: **Christos S. Mantzoros, MD, PhD**



SATURDAY, DECEMBER 9, 2023

7:00 am Registration

7:00 am – 7:45 am

Breakfast Session

Evolving Perspectives in Hyperglycemia Secondary to Hypercortisolism: A Retrospective Look

Supported by **Corcept**

Non-CME Education

Daniel Einhorn, MD



Ralph A. DeFronzo, MD



Product Theater Hall

Yehuda Handelsman, MD



8:00 am – 8:05 am Oral Abstract Award Presentation

Zachary T. Bloomgarden, MD

8:05 am – 8:20 am

Summary of Day 2 and Pre-CME Questions

Zachary T. Bloomgarden, MD

Session 15

Cardiomyopathy & Heart Failure - Panel Session

8:20 am – 10:00 am

Chairs: Nikolaus Marx, MD • Mikhail N. Kosiborod, MD

8:20 am

Contemporary Approach to Cardiac Amyloidosis
Cardiomyopathy and Pregnancy
The Role of Diuretics in Heart Failure
Management of Heart Failure: Bridging the Gap Between Evidence and Practice
Discussions and Q&A

Michelle M. Kittleson, MD, PhD
Uri Elkayam, MD
Stephen J. Greene, MD
Gregg C. Fonarow, MD

10:00 am

10:00 am – 10:10 am

REFRESHMENT BREAK

Session 16

CVOT & Guidelines

10:10 am – 11:00 am

Chairs: Peter J. Grant, MD • Matthew R. Weir, MD

10:10 am

CVOTs Update

Mikhail N. Kosiborod, MD

10:30 am

2023 ESC Diabetes and Cardiovascular Disease Guidelines

Nikolaus Marx, MD

10:50 am – 11:00 am

Panel Discussion and Q&A

Session 17

Gerald Reaven Distinguished Leader in Insulin Resistance 2023 Award

11:00 am

Award Presentation by Peter J. Grant, MD • Samuel Klein, MD

11:05 am

Insulin Resistance and its Outcomes in T2DM: A Historical and Epidemiological Perspective

Paul Zimmet, MD, PhD

11:35 am – 11:45 am

Q&A



11:45 am – 12:45 pm

LUNCH & CHECK-OUT BREAK

11:55 am – 12:40 pm

Lunch Session

Innovation and Improved Outcomes with Abbott Diabetes Care
Supported by **Abbott**

Non-CME

Product Theater Hall

George Grunberger, MD



Session 18

Fat Mass and Adipocyte

12:45 pm – 1:35 pm

Chairs: Richard E. Pratley, MD • Bart Staels, PhD

12:45 pm

The Role of Relative Fat Mass- RFM vs. BMI Predicting T2D, Heart Failure and CVD

Richard N. Bergman, PhD

1:05 pm

GIP-R Action in the Adipocyte

Philipp E. Scherer, PhD

1:25 pm – 1:35 pm

Panel Discussion and Q&A



SATURDAY, DECEMBER 9 (Cont.)

Session 19	Contemporary Approach to Obesity - Panel Session		
1:35 pm – 2:55 pm	Chairs: Samuel Klein, MD • W. Timothy Garvey, MD		
1:35 pm	Nutrient-Stimulated Hormone-Based Therapies for Obesity Treatment: Clinical Application and Pipeline Diets, Calorie Restrictions vs Intermittent Fasting Addressing The Energy Balance Model Weight and Weight Changes Impact on CV Risk Discussions and Q&A: Does The Availability of Effective Pharmacotherapy To Treat Obesity Negates The Need For The Other Treatment Options?		Ania M. Jastreboff, MD, PhD Eric Ravussin, PhD Neha J. Pagidipati, MD, MPH
2:55 pm			
2:55 pm – 3:10 pm	REFRESHMENT BREAK		
Session 20	Not All Diabetes – is Type 2 DM		
3:10 pm – 4:00 pm	Chairs: Paul Zimmet, MD, PhD • Zachary T. Bloomgarden, MD		
3:10 pm	Diabetes Secondary to Pancreatitis		Mark O. Goodarzi, MD, PhD George Grunberger, MD
3:30 pm	2023 Prevention and Management of T1D- The New Reality		
3:50 pm – 4:00 pm	Panel Discussion and Q&A		
Session 21	ASCVD Imaging - Panel Session		
4:00 pm – 5:00 pm	Chairs: Matthew J. Budoff, MD • Norman E. Lepor, MD		
4:00 pm	Imaging in Predicting Subacute Atherosclerosis CTA in Predicting Survival- the CONFIRM Registry Association of Coronary Artery Calcium & Spine Bone Density Comparing Plaques in Patients with & without Statins +/- DM Discussions and Q&A		Matthew J. Budoff, MD • Michael J. Blaha, MD, MPH
5:00 pm			
Session 22	Concurrent Sessions: Clinical Workshop		Wine and Cheese
5:00 pm – 6:00 pm	Lipids Diabetes HTN/CKD	Paul S. Jellinger, MD & Paul D. Rosenblit, MD, PhD George Grunberger, MD Christian W. Mende, MD	Sierra C/D (Lecture Hall) Sierra B Hiro
6:00 pm	Adjourn		

21ST WCIRDC PROGRAM COMMITTEE

Yehuda Handelsman, MD, Chair • Matthew Budoff, MD • Zachary Bloomgarden, MD, MACE • Sonia Caprio, MD
Robert Chilton, DO • Ralph DeFronzo, MD • Vivian Fonseca, MD • Tim Garvey, MD • Peter Grant, MD • Jennifer Green, MD
George Grunberger, MD • Chris Guerin, MD • Paul Jellinger, MD • Mikhail Kosiborod, MD
Ronald Krauss, MD • Norman Lepor, MD • Nikolaus Marx, MD • Tracy McLaughlin, MD, MS • Derek Leroith, MD, PhD
Christos Mantzoros, MD, PhD • Chris Mende, MD • Erin Michos, MD, MHS • Jorge Plutzky, MD • Richard Pratley, MD • Arun Sanyal, MD, MBBS
Phil Scherer, PhD • Alan Sinaiko, MD • Bart Staels, PhD • Pam Taub, MD • Matthew Weir, MD • Paul Zimmet, MD, PhD • Renee Asp, BS

FACULTY 2023



Yehuda Handelsman, MD, Chair
FACP, FNLA, FASPC, FAHA, MACE

Medical Director & Principal Investigator
The Metabolic Institute of America
Chair Scientific Advisory Board
DCMi- Diabetes CardioRenal & Metabolism Institute
Chair & Program Director 21st WCIRD
Tarzana, California



E. Dale Abel, MD, PhD

William S. Adams Distinguished Professor of Medicine
Chair and Executive Medical Director
Department of Medicine
David Geffen School of Medicine and UCLA Health
Los Angeles, CA



Arthur S. Agatston, MD, FACC, FSCCT

Chairman and CEO
The Agatston Center for Preventive Medicine
Clinical Professor of Medicine
FIU Herbert Wertheim College of Medicine
Clinical Associate Professor of Medicine,
University of Miami Miller School of Medicine
Medical Director of Wellness and Prevention
Baptist Health South Florida
Miami Beach, Florida



Silva Arslanian, MD

Richard L. Day Professor of Pediatrics
Pediatric Endocrinology
Metabolism & Diabetes Mellitus
University of Pittsburgh School of Medicine
Director, Pediatric Clinical & Translational
Research Center
Scientific Director, Center for Pediatric Research
in Obesity & Metabolism
UPMC Children's Hospital of Pittsburgh
Pittsburgh, Pennsylvania



Joseph K. Belanoff, MD

Chief Executive Officer, President and Director
Co-founder, Corcept Therapeutics
Redwood, California



Richard N. Bergman, PhD

Alfred Jay Firestein Chair in Diabetes Research
Professor, Department of Biomedical Sciences
and Medicine
Cedars-Sinai Medical Center
Director Diabetes and Obesity Wellness and
Research Center
Professor-in-Residence, UCLA
Professor Emeritus USC
Los Angeles, California



Michael Joseph Blaha, MD, MPH

Professor of Cardiology and Epidemiology, Johns Hopkins
University School of Medicine
Director of Clinical Research, Johns Hopkins Ciccarone
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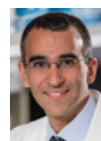
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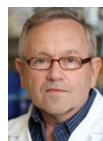
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All 21st WCIRDC participants must be vaccinated in order to attend the live in person meeting. For further information please contact info@tmioa.com

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For CME questions related to WCIRDC, please contact our CME Coordinator Renee Asp at renee@aspencmehelp.com

This activity was planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of PESI Inc. and the Metabolic Endocrine Education Foundation (MEEF). PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians.

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- American Society of Preventive Oncology (ASPO)
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- Endocrine Nurses Society (ENS)
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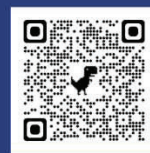


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