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**Microbial Metabolite UDP-Galactose Restores Islet  $\beta$ -cell Function in Mice via the Gut–Islet Axis**

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**Abstract:** The gut–islet axis, linking the gut microbiota and pancreatic islet  $\beta$ -cells, has expanded our understanding of the progression of diabetes.

However, to date, few suitable targets in the gut–islet axis have been shown to effectively promote  $\beta$ -cell function. This study identified a new top-down pathway of the gut–islet axis that promotes the reprogramming of pancreatic islet cells into mature  $\beta$ -cells following insulin treatment, which is mediated by the microbial metabolite uridine diphosphate galactose (UDP-gal). This bioactive compound selectively bound to purinergic receptor P2Y, G-protein coupled, 14 (P2ry14) and activated the MEK-

ERK pathway in islets, thereby promoting  $\beta$ -cell reprogramming. Furthermore, UDP-gal injection was found to directly promote  $\beta$ -cell reprogramming and this effect could be reversed by the inhibition of

P2ry14, suggesting that microbial UDP-gal could be used as a key mediator of the gut–islet axis to promote  $\beta$ -cell differentiation.

**Key words:** insulin therapy; Microbial metabolite; UDP-gal;  $\beta$ -cell function; gut microbiota; Gut-islet axis