



## **20th Annual World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease Live In-Person Conference in Los Angeles, December 1 – 3, 2022**

*This Live In-Person and Online meeting will provide participants with a wide selection of CME activities bridging the latest scientific research with clinical practice.*

**LOS ANGELES (November 10, 2022)** – The 20<sup>th</sup> Annual [World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease](#) (WCIRDC) Conference will be live in-person while also offering live streaming for remote participants in the US and globally. The WCIRDC is the premier global conference dedicated to metabolism, obesity, diabetes, the heart, kidney, and liver diseases linking basic research to clinical practice in pursuit of the theme: Exploring New Frontiers in Metabolism—Tomorrow's Clinical Science Today. It will take place December 1–3, 2022, with the program available on-demand for 90 days.

“We are thrilled to celebrate our 20<sup>th</sup> anniversary in Los Angeles where Stanford Professor Gerald Reaven and I founded the congress 20 years ago” noted Dr. Yehuda Handelsman, Medical Director and Principal Investigator of [The Metabolic Institute of America](#), who serves as Chair and Program Director of the Congress. “it will be exciting to continue our journey and reconnect with our prestigious national and international faculty who represent the dynamic leadership of their respective metabolic fields from basic science through clinical practice, as well as with our attendees, and industry colleagues.”

The esteemed faculty experts from around the world will highlight, share, and present the latest research pertaining to the management of patients with diabetes, cardiorenal, and metabolic diseases. Over three days, these experts will discuss and link basic research to clinical practice

Over three packed days of continuing medical education, this year's conference will start with a session Celebrating the Legacy of Jerry Reaven, followed by cutting-edge research in cardiorenal and metabolic diseases, the latest evidence from cardiovascular outcome trials, and up-to-date recommendations for the diagnosis and management of obesity, diabetes, dyslipidemia, ASCVD, heart failure, CKD and fatty liver disease.

Special highlights are joint sessions with the leading journals Metabolism and Lancet Diabetes and Endocrinology as well as exploring metabolic diseases in youth, cardiovascular diseases in women, and Covid 19 and metabolism. Other sessions include Diabetes Management Circa 2022; Insulin Resistance Today and Tomorrow, CKD and Heart Failure—the New Epidemic, New Horizons in the Management of Diabetic Kidney Disease, A New Frontier in Microvascular Complications of T2DM; and a unique session A Glimpse into the Future - What's in the Pipeline.

This year, the “Gerald Reaven Distinguished Leader in Insulin Resistance” AWARD will be presented to two internationally renowned experts: Christos Mantzoros, MD, DSc, PhD, the 2020 Award recipient (presentation delayed due to COVID-19), and Vivian A. Fonseca, MD, the 2022 recipient.

At clinical workshops and meet the expert sessions, attendees will have an opportunity to personally interact with and meet, in an intimate setting, the world’s top experts and most esteemed leaders in the field.

The 20<sup>th</sup> WCIRDC will feature a poster hall and oral abstract featuring the newest research in metabolism which will be published in Metabolism Clinical and Experimental, an exhibit hall and industry-supported non-CME programs that will feature important new scientific concepts with some of the world’s best-known educators in their fields. The Congress is widely covered and has a long tradition of inspiring publications appearing in important Diabetes and cardiovascular journals.

The meeting agenda can be viewed at [wcir.org/agenda](http://wcir.org/agenda).

Those interested in attending the 20<sup>th</sup> WCIRDC may register online at:

[wcir.org/registration](http://wcir.org/registration)

All members of the media are encouraged to attend and cover the conference.

[For a complimentary ticket, please contact JCJ@tmioa.com.](mailto:JCJ@tmioa.com)

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Contact

JC Javellana

The Metabolic Institute of America

818-342-1889

[JCJ@tmioa.com](mailto:JCJ@tmioa.com)

### **About the Metabolic Endocrine Education Foundation (MEEF)**

The Metabolic Endocrine Education Foundation, which supports WCIRDC and HiD, is a leading national health foundation devoted to improving patient and public health through education. MEEF, a 501(c)(3) nonprofit organization, sponsors educational activities, such as programs, conferences, and congresses, for professional health providers, patients, and the community at large. The goal of the Foundation is to promote understanding around the prevention and diagnosis of medical diseases, improve the skills of healthcare providers, and enhance the quality of patients' lives.



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