

Metabolism Journal

About the Editor-in-Chief



Christos S. Mantzoros, MD, DSc, PhD h.c. mult

Christos S. Mantzoros, MD, DSc, PhD h.c. mult. is Professor of Medicine at Harvard Medical School and Boston University School of Medicine. He has also served as a Professor of Environmental Health at the Harvard School of Public Health. He currently also serves as the Chief of Endocrinology, Diabetes and Metabolism at the Boston VA Healthcare System and the Director of Human Nutrition at Beth Israel Deaconess Medical Center. He has served as Fellowship Program Director and Founding Director of Fellowship Programs where several Endocrinologists have been trained over the years. Beyond those, in his own laboratory, he has mentored more than 160 young scientists who currently hold key positions in clinical medicine, academia and industry, as well as governmental agencies and nongovernmental organizations.

Dr. Mantzoros obtained an MD and DSc from the University of Athens Medical School, a Master's in Clinical Epidemiology from Harvard School of Public Health and a Master's in Medical Sciences from Harvard Medical School. He has received Board certification in Internal Medicine, Endocrinology, Diabetes and Metabolism and in Clinical Nutrition. He has received honorary PhD degrees and honorary or visiting Professorships from several Universities worldwide.

At Harvard Medical School, he sees patients, teaches and conducts research on obesity and diabetes / metabolic diseases. Dr. Mantzoros is an internationally recognized expert on obesity, diabetes and metabolism and has published as an Editor two books (on "Diabetes and Obesity" and on "Nutrition and Metabolism" with more than two editions each). His research has resulted in more than 600 publications in Medline in addition to more than 160 publications under the collaborative Look Ahead Research Group, more than 240 chapters and reviews and has received more than 73,000 citations and an H index of 121 with an i10 index of 447 (Google Scholar). He has co-founded successful companies and has served as a board member, an advisor, or head of the scientific advisory boards of non-profit foundations as well as government and private entities.

For his research discoveries and public health service, Dr. Mantzoros has received four honorary PhDs, the Alexander Technological Institute of Thessaloniki has named their nutrition laboratories after his name and several universities worldwide have awarded Dr. Mantzoros honorary professorships and visiting professorships. He has or is supervising PhD thesis work in several nations worldwide (Sweden, Germany, Greece, USA, etc.) and is actively collaborating with many research groups worldwide. Dr. Mantzoros has been elected a member of ASCI and a Fellow of the American College of Physicians and the American Association of Clinical Endocrinology. He has been given many awards including: the American Association of Clinical Endocrinology (Frontiers in Science Award), the American Diabetes Association (Novartis Award in Diabetes and Metabolic Diseases), the North American Association for the Study of Obesity / the Obesity Society (Lilly Award), the American Society for Nutrition (Mead Johnson Award), the HypoCCS award in Paris, France, the Humboldt Foundation of Germany (the Wilhelm Friedrich Bessel Award), the American Federation of Medical Research (the Outstanding Investigator Award), the American Physiological Society (FASEB, the Berson Award Lecture), the New England Hellenic Medical and Dental Association (Hygeia award), among many others. He has also received the BIDMC, Harvard Medical School, award for Excellence in Mentoring. Most recently, he has received several prestigious awards for his lifetime achievements: the 2017 Obesity Society TOPS Award, the 2018 Endocrine Society Outstanding Clinical Investigator Award, the 2018 European Society of Endocrinology Geoffrey Harris Prize, and the 2018 American Society of Nutrition's Robert H. Herman Award.