

19th ANNUAL

WORLD CONGRESS INSULIN RESISTANCE DIABETES & CARDIOVASCULAR DISEASE

CME Conference | December 2-4, 2021
Hilton Universal Hotel, Los Angeles, CA

Exploring New Frontiers in Metabolism—Tomorrow's Clinical Science, Today

19th Annual World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease Resumes Live In-Person Meeting in Los Angeles, December 2 – 4, 2021

This Live In-Person and Virtual (Hybrid) meeting will provide participants with a wide selection of CME activities bridging the latest scientific research with clinical practice

LOS ANGELES (November 02, 2021) – The 19th Annual [World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease](#) (WCIRDC) Conference will resume its live in-person meeting this year while also offering live streaming for remote participants. The WCIRDC is the premier global conference dedicated to metabolism, obesity, diabetes, the heart and the kidney, incorporating both clinical and basic science. It will take place December 2 – 4, 2021, with the program available on-demand for 90 days.

“We are thrilled to be able to once again have this meeting live in-person in Los Angeles,” noted Dr. Yehuda Handelsman, Medical Director and Principal Investigator of [The Metabolic Institute of America](#), who serves as Chair and Program Director of the Congress. “While we enjoyed the success of our virtual 2020 congress with nearly 6,000 registrants, it will be exciting to reconnect face-to-face with our prestigious international faculty, attendees, and industry colleagues, while still allowing national and global attendees to join us virtually. Our meeting encourages collaboration on emerging scientific approaches as well as disease management strategies.”

The esteemed faculty experts from around the world will highlight, share, and present the latest research pertaining to the management of the patients with diabetes, cardiorenal, and metabolic diseases. Over three days, these experts will discuss and link basic research to clinical practice in pursuit of the conference theme, Exploring New Frontiers in Metabolism—Tomorrow's Clinical Science Today.

Sessions will cover the most up-to-date cardiovascular outcome trials and research in—and management recommendations for—obesity, diabetes, insulin resistance, COVID-19, dyslipidemia, ASCVD, heart failure, CKD, cardiorenal metabolism in youth, NAFLD and NASH, the relationship between hormones and atherosclerosis. The program will also include “A Glimpse of the Future—What's in the Pipeline in Drug Development?,” “Has the Beta Cell Been Forgotten?” joint session with [Metabolism](#) and much more.

A special session this year—the first ever—will present brand new cardiometabolic clinical recommendations:

- Multispecialty Management of Diabetes, Cardiorenal & Metabolic Diseases—Practice Recommendations 2022

The Congress will honor Drs. Christos Mantzoros and Samuel Klein, the 2020 and 2021 recipients, respectively, of the prestigious Gerald Reaven Distinguished Leader in Insulin Resistance Award.

At clinical workshops and meet the expert sessions, in-person attendees will have an opportunity to personally interact with and meet, in an intimate setting, the world's top experts and most esteemed leaders in the field.

The 19th WCIRDC will feature a poster hall and oral abstract presentations, an exhibit hall and industry-supported non-CME programs that will feature important new scientific concepts with some the world's best-known educators in their fields.

The meeting agenda can be viewed at wcir.org/agenda.

Those interested in attending the 19th WCIRDC may register online at: wcir.org/registration

All members of the media are encouraged to attend and cover the conference.

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About the Metabolic Endocrine Education Foundation (MEEF)

The Metabolic Endocrine Education Foundation, which administrates WCIRDC and HiD, is a leading national health foundation devoted to improving patient and public health through education. MEEF, a 501(c)(3) nonprofit organization, sponsors educational activities, such as programs, conferences, and congresses, for professional health providers, patients and the community at large. The goal of the Foundation is to promote understanding around the prevention and diagnosis of medical diseases and to improve the skills of health care providers and enhance the quality of patient's lives. Learn more at www.tmioa.com/education.