

Christos S. Mantzoros, MD, DSc, PhD *h.c. mult.*



Christos S. Mantzoros, MD, DSc, PhD *h.c. mult.* is Professor of Medicine at Harvard Medical School and Boston University School of Medicine. He has also served as a Professor of Environmental Health at the Harvard School of Public Health.

He currently also serves as the Chief of Endocrinology, Diabetes and Metabolism at the Boston VA Healthcare System and the Director of Human Nutrition at Beth Israel Deaconess Medical Center.

He has served as Fellowship Program Director and Founding Director and he has mentored more than 130 young scientists who currently hold key positions in clinical medicine, academia, industry as well as governmental agencies and nongovernmental organizations.

Dr. Mantzoros has published as an Editor two books (one on “Diabetes and Obesity” and one on “Nutrition and Metabolism” with more than two editions each), his research has resulted in more than 550 publications in Medline in addition to more than 150 publications under the collaborative Look Ahead Research Group, more than 200 chapters and reviews and has received more than 49,000 citations and an H index of 114 with an i10 index of 416 (Google Scholar).

He has co-founded successful companies and has served as a board member, an advisor, or head of the scientific advisory boards of non-profit foundations as well as government and private entities. He also serves as the Editor-in-Chief of the

journal *Metabolism* and is on the editorial board of several scientific journals worldwide.

For his research discoveries and public health service, Dr. Mantzoros has received four honorary PhDs, the Alexander Technological Institute of Thessaloniki has named their nutrition laboratories after his name and several universities worldwide have awarded Dr. Mantzoros honorary professorships and visiting professorships. He has or is supervising PhD thesis work in several nations worldwide (Sweden, Germany, Greece, USA, etc.) and is actively collaborating with many research groups worldwide.

Dr. Mantzoros has been elected a member of ASCI and a Fellow of the American College of Physicians and the American Association of Clinical Endocrinology. He has been given several awards including but not limited to awards by: the American Association of Clinical Endocrinology (Frontiers in Science Award), the American Diabetes Association (Novartis Award in Diabetes and Metabolic Diseases), the North American Association for the Study of Obesity / the Obesity Society (Lilly Award), the American Society for Nutrition (Mead Johnson Award), the HypoCCS award in Paris, France, the Humboldt Foundation of Germany (the Wilhelm Friedrich Bessel Award), by the American Federation of Medical Research (the Outstanding Investigator Award), by the American Physiological Society (FASEB, the Berson Award Lecture), by the New England Hellenic Medical and Dental Association (Hygeia award), amongst many others. He has also received the BIDMC, Harvard Medical School, award for Excellence in Mentoring.

Most recently, he has received several prestigious awards for his lifetime achievements: the 2017 Obesity Society TOPS Award, the 2018 Endocrine Society Outstanding Clinical Investigator Award, the 2018 European Society of Endocrinology Geoffrey Harris Prize, and the 2018 American Society of Nutrition's Robert H. Herman Award.