

**Aim :**  $\alpha$ -lipoic Acid (A  $\alpha$ -L) is a pleiotropic compound with potential pharmacotherapeutic value against a range of pathophysiological diseases. The present study evaluates the protective role of  $\alpha$ -lipoic acid against AlCl<sub>3</sub>-induced toxic effects in Wistar Albino rats .

**Methods :** The experiment was performed on 40 female rats in five groups of 8 rats each: control group (A), group 2 treated with (AlCl<sub>3</sub>) at (100mg/kg body weight), group 3 treated with alpha lipoic acid (A  $\alpha$ -L); group 4 (AlCl<sub>3</sub>+ A  $\alpha$ -L) treated with aluminum chloride and alpha lipoic acid (100 mg/kg body weight) at the same time and group 5 (A  $\alpha$ -L -AlCl<sub>3</sub>) treated with alpha lipoic acid after aluminum chloride intoxication. The treatment is continued for three weeks.

**Results :** The biochemical assessment revealed a significant increase in blood glucose. The levels of progesterone and LH showed a significant difference between the two groups (pubescent and pre-pubescent), ( $p < 0.05$ ) .

The results showed serious alterations (the appearance of severe cellular lesions, infiltration of inflammatory and tissue degeneration at the level of hepatic parenchyma). A decrease in plasma glucose concentration was noted in the alpha lipoic acid-treated groups and in the AlCl<sub>3</sub> and A combination-treated groups  $\alpha$ -L. In the group treated with A $\alpha$ -L alone, a significant decrease in urea levels was observed compared to the other groups.

**CONCLUSION :** A  $\alpha$ -L, as a dietary supplement, has shown a potential role in cognitive functions with an improvement of the cholinergic system thus having an interesting therapeutic effect.

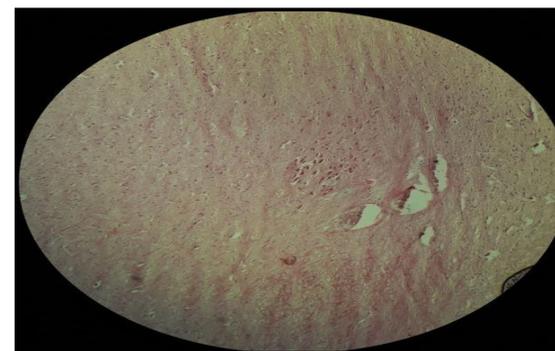


Figure 1: Histological section of the brain parenchyma: presence of necrosis plaque with degenerated nerve fibers from wistar rats stained with H&E (AlCl<sub>3</sub> group). Gx10.

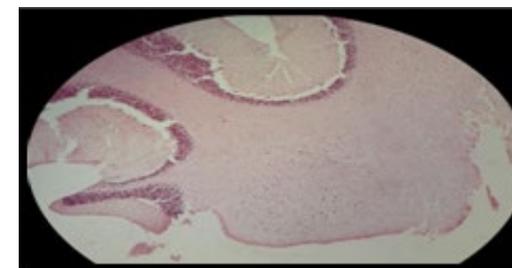


Figure 2: Histological section of the cerebellar parenchyma: infiltration of molecular layer cells from wistar rats stained with H&E (AlCl<sub>3</sub> group). G x10

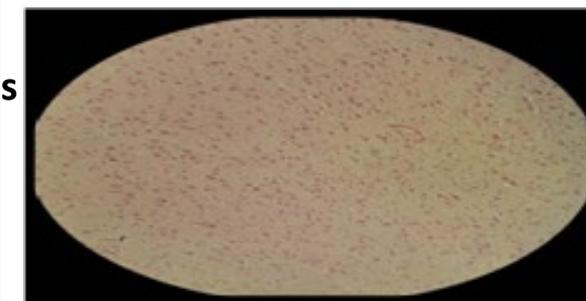


Figure 3: Histological section of the brain parenchyma: hyperplasia of pyramidal and glial cells of wistar rats ((AIA-AlCl<sub>3</sub> group) stained with H&E .G x10

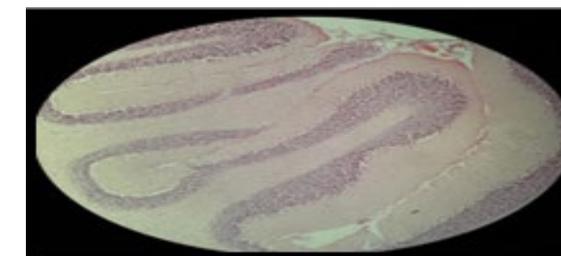


Figure 4: Histological section of the cerebellar parenchyma of alpha lipoic acid treated wistar rats stained with H&E (ALA group). G x10